

JOINT CARE CASE STUDY

Meet...

JUSTIN RAMP



AGE	70
RESIDENCE	Freeport, IL
SURGERY	Total Hip Replacement
HOBBIES	Hunting Fishing Gardening

WHEN DID YOU DECIDE THAT YOU WOULD NEED JOINT REPLACEMENT SURGERY?

"I had a little discomfort in my hip, and it got to the point that my wife had to help me get up when I got down on my knees. There were a lot of things I couldn't do because I lived a pretty active lifestyle. I couldn't shovel snow or get on my tractor, and it got to the point where the pain was almost unbearable." After unsuccessful pain management treatments with injections and ibuprofen regimens, Justin was advised to get a total hip replacement.

HOW WAS YOUR SURGICAL AND RECOVERY PROCESS AT MONROE CLINIC'S JOINT REPLACEMENT CENTER OF EXCELLENCE?

"Going through the training and education portion was the greatest thing that ever happened. The whole thing had me completely prepared. My only concern was that I didn't want to be kept more than two days. When I woke up [from surgery] I had no pain, and probably within a half-hour, I started walking the hallways with a walker." In fact, Justin's recovery went so quickly that medical staff allowed him to go home approximately 28 hours after surgery.

WHAT IS MOST UNIQUE ABOUT MONROE CLINIC'S PROGRAM?

"I'm always so relieved when I go to Monroe Clinic. It's such a happy place. People are very positive, very warm, so I was comfortable having the surgery." Back at home after surgery, Justin was very pleased with Monroe Clinic's follow-up care. "They [the medical staff] always stayed in communication with us. I was just amazed at the complete follow-up. It was great that everybody was concerned with my well-being. My questions were all answered honestly and at a level that anybody could understand. Simply no confusion. The treatment has just been out of sight. When you walk through the door, you feel the warmth ... you feel like you're at home. The people are so friendly and are able to put you at ease because they pay attention to all the small details."

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HOW HAS YOUR LIFE BEEN ENHANCED SINCE YOUR SURGERY?

"I have no problem walking, bending, climbing stairs, or putting my own socks on which I couldn't do before. For soon being 71, I have to say that my life's pretty good. I can do so many things again that I just couldn't do before. I'm back to normal." We asked Justin what he would say to others who are considering joint replacement surgery. "The longer you put it off, the more problems you'll have. I know so many people that have gotten surgery elsewhere and none of them have had the success that I've had. I would recommend getting surgery, and I would recommend Monroe Clinic in a heartbeat."