



JOINT CARE CASE STUDY

Meet...

RICHARD KRAFT

AGE	39
RESIDENCE	Freeport, IL
SURGERY	Two Total Hip Replacements
HOBBIES	Motorcycles Football

WHEN DID YOU DECIDE THAT YOU WOULD NEED JOINT REPLACEMENT SURGERY?

“I had been having problems with my hips for a number of years, and I finally went and got X-rays of them and it didn’t look too good. I couldn’t ride motorcycles anymore, I couldn’t run, I couldn’t sit or stand for long periods of time.” Richard then found out about Monroe Clinic’s program on the internet, and came to trust the high-quality physicians on board.

HOW WAS YOUR SURGICAL AND RECOVERY PROCESS AT MONROE CLINIC’S JOINT REPLACEMENT CENTER OF EXCELLENCE?

“They [the medical staff] were all really nice. I couldn’t believe how nice they were. And I was seeing improvement within the first week. It didn’t hurt as bad as it did before.” After his surgery, physical therapy staff informed Richard that they would get him walking around right away. “When they said that, I was like, ‘Yeah, right,’ but they came in there and I was shocked how much I was walking. I was so surprised that they had actually cut off part of my bone, and I was walking the same day. And it was such a small scar for all they had to do.”

WHAT IS MOST UNIQUE ABOUT MONROE CLINIC’S PROGRAM?

“They were very good at explaining everything. It took out the nervousness of everything. The materials that they give you before surgery kind of gives you a good target for where you’re going to be every step of the way. The way the program is planned out gives you a way to judge your progress. They’re just so on-top of everything, and keeping you moving, but also making sure that you’re comfortable with the way everything is going.”

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HOW HAS YOUR LIFE BEEN ENHANCED SINCE YOUR SURGERY?

“Oh, my life’s been great now. I’m back to jogging a little bit.” Richard advised anyone to get surgery done right away, and not tolerate the discomfort associated with joint issues any longer. “There’s just no sense in waiting. Sure, you may be a little stiff for a couple weeks, but then you’re good again. You’ll be better than you were years before.”