

Garden Terrace Menu



Friday

Breakfast Specials

Biscuits & Gravy\$2.50

Cal 475, Fat 35g, Protein 13g, Carbs 27g, Sodium 988mg, Dietary Fiber 1g

Crispy Rounds\$1.85

Soups

Italian Wedding\$2.70

85 Cal, 3g Fat, 13% Sat Fat, 0g Trans Fat, 325mg Sod, 8g Carb, tr. Fiber, 1% Sugar, 6g Pro

Entrée Specials

Balsamic Glazed Beef Tips & Mushrooms.....\$4.60

Cal 460, Fat 19g, Protein 26g, Carbs 49g, Sodium 896mg, Dietary Fiber 3g

Cucumber Dill Salmon*\$3.50

Cal 365, Fat 25g, Protein 35g, Carbs 1g, Sodium 325mg, Dietary Fiber Trace

Cauliflower*\$1.00

Cal 57, Fat Trace, Protein 4g, Carbs 12g, Sodium 68mg, Dietary Fiber 6g

Roasted Carrots*\$1.00

Cal 130, Fat 1g, Protein 3g, Carbs 31g, Sodium 234mg, Dietary Fiber 9g

Mashed Potatoes*\$1.50

Cal 195, Fat 5g, Protein 5g, Carbs 32g, Sodium 271mg, Dietary Fiber 2g

***Indicates the menu item does not contain Gluten**

*Menu subject to change due to availability.
Week 3*