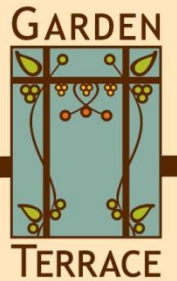


# Garden Terrace Menu



## Thursday

### Breakfast Special

Rösti .....\$1.85

### Soups

Chicken Noodle Soup .....\$2.70

Cal 150, Fat 3g, Protein 17g, Carbs 17g, Sodium 1080mg, Dietary Fiber 2g

Minestrone Soup .....\$2.70

Cal 210, Fat 4g, Protein 14g, Carbs 45g, Sodium 885mg, Dietary Fiber 15g

### Entrée Specials

Beef Pot Roast with Potatoes & Carrots\* .....\$4.60

Cal 984, Fat 85g, Protein 36g, Carbs 18g, Sodium 139mg, Dietary Fiber 3g

Chicken Gyro\*\* .....\$4.60

Cal 374, Fat 5g, Protein 40g, Carbs 42g, Sodium 473mg, Dietary Fiber 5g

Roasted Butternut Squash\* .....\$1.00

Cal 103, Fat Trace, Protein 2g, Carbs 27g, Sodium 222mg, Dietary Fiber 4g

Asparagus with Balsamic Tomato Relish\* .....\$1.50

Cal 62, Fat 2g, Protein 3g, Carbs 12g, Sodium 208mg, Dietary Fiber 5g

Smashed Potatoes\* .....\$1.50

Cal 339, Fat 1g, Protein 11g, Carbs 70g, Sodium 394mg, Dietary Fiber 5g

\*Indicates the menu item does not contain Gluten

\*\*Menu item contains Gluten if bread option is selected

*Menu subject to change due to availability.*

Week 2