

Garden Terrace Menu



Thursday

Breakfast Specials

Rösti\$1.85

Soups

Potato Soup*\$2.70

145 Cal, 8g Fat, 41% Sat Fat, 0g Trans Fat, 315mg Sod, 12g Carb, 1g Fiber, 1% Sugar, 7g Pro

Entrée Specials

Crab Pizza\$4.60

Cal 535, Fat 32g, Protein 21g, Carbs 46g, Sodium 878mg, Dietary Fiber 2g

Sesame Beef and Broccoli\$4.60

Cal 280, Fat 12g, Protein 32g, Carbs 10g, Sodium 750mg, Dietary Fiber 1g

Mandarin Vegetable Blend*\$1.00

Cal 30, Fat 0g, Protein 1g, Carbs 5g, Sodium 20mg, Dietary Fiber 2g

Roasted Sweet Potato*\$1.00

Cal 60, Fat 0g, Protein 1g, Carbs 14g, Sodium 20mg, Dietary Fiber 3g

Rice Pilaf*\$1.50

Cal 169, Fat 2g, Protein 3g, Carbs 35g, Sodium 5mg, Dietary Fiber 1g

*Indicates the menu item does not contain Gluten

Menu subject to change due to availability.

Week 3