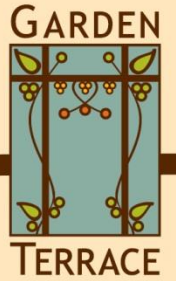


Garden Terrace Menu



Wednesday

Breakfast Specials

Quinoa Hash Browns.....\$1.85

Soups

Chicken Tortilla Soup*\$2.70

60 Cal, 2g Fat, 0% Sat Fat, 0g Trans Fat, 380mg Sod, 8g Carb, 1g Fiber, 3% Sugar, 5g Pro

Entrée Specials

Chicken Parmesan\$4.60

Cal 239, Fat 5g, Protein 36g, Carbs 10g, Sodium 378mg, Dietary Fiber 1g

Lasagna.....\$4.60

Cal 474, Fat 24g, Protein 32g, Carbs 32g, Sodium 1139mg, Dietary Fiber 3g

Asparagus*\$1.00

Cal 37, Fat Trace, Protein 4g, Carbs 7g, Sodium 3mg, Dietary Fiber 3g

Buttered Beets*\$1.00

Cal 123, Fat 6g, Protein 3g, Carbs 15g, Sodium 288mg, Dietary Fiber 4g

Garlic Bread\$0.85

Cal 120, Fat 6g, Protein 2g, Carbs 13g, Sodium 180mg, Dietary Fiber 1g

*Indicates the menu item does not contain Gluten

Menu subject to change due to availability.

Week 3